

PROTECT YOUR SKIN FROM THE SUN

Spending time outside in the sunshine? Stay hydrated and protect yourself and your family from too much sun exposure. Remember to:

- Take a break in the shade of an umbrella, tree or other shelter, especially during midday hours when sunshine is strong.
- Be extra careful around surfaces that reflect the sun's rays, like sand, water, and concrete.
- Wear a hat with a wide brim and sunglasses with UVA and UVB protection.
- Wear a long-sleeved shirt, swim shirt, or rash guard for additional sun protection when possible. If that's not practical, wear a T-shirt or a beach cover-up instead.
- Apply broad spectrum sunscreen, SPF 15 or higher, at least 15 minutes before going outside — even on cloudy days. Reapply at least every 2 hours, and also after swimming, sweating, or toweling off.

Source: Centers for Disease Control and Prevention





OPERATION ROUND UP

When your neighbors needed help the most, you stepped up. More than 20,000 NOVEC customers are helping families in need in your local community through **NOVEC's Operation Round** Up program. Thank you for your unparalleled generosity.

Want to help? Join today at novec.com/oru.

In a world of change, our price remains the same

NOVEC's base rates have stayed the same for more than a decade. Even as people use more electronic devices than ever before, the notfor-profit electric cooperative keeps rates low and reliability high.

NOVEC continues to provide value, even as other prices climb. Because you have enough change in your life.



NOVEC is an equal opportunity provider and employer.



NOVEC'S 2021 ANNUAL MEETING

Where: NOVEC Gainesville **Technical Center**

Gainesville, VA 20155

When: Wednesday,

Oct. 6, 2021

Time: 6 p.m. - 7 p.m.

NOTE: NOVEC will not display exhibits, serve dinner, or present prizes at the meeting.

5399 Wellington Branch Drive, Members will hear a year-in-review presentation, and elect or reelect directors to represent Districts 3, 6, and 7 for four-year terms. Any NOVEC member living in one of these districts may run for the board. See the district map at novec.com/bod.

NOVEC will adhere to COVID-19 guidelines and restrictions in effect at the time of the meeting.

SUMMER ENERGY RESOURCE CENTER

Scorching summer temperatures mean your home's air conditioner has to work harder to keep your home cool even if your thermostat setting doesn't budge.

NOVEC's Energy Resource Center has a variety of tools for NOVEC customers to evaluate their home's energy use. You'll find online calculators for lighting, appliances, heating/ cooling with programmable thermostats, and more. See where your home uses the most energy, and then use the energy-saving tips on novec.com/save to save energy dollars where it counts most.

To access the Energy Resource Center and learn how to combat summer spikes in energy costs, visit novec.com/erc.

